

**Summary of Benefits and Coverage:** What this Plan Covers & What You Pay For Covered Services

**Coverage for:** Individual/Family | **Plan Type:** PPO



**Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** Please read the State Employee Health Plan Summary Plan Description that contains the complete terms of this plan. For general definitions of common terms, such as **allowed amount, balance billing, coinsurance, copayment, deductible, provider**, or other bolded terms please call 1-800-332-0307.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Network: <b>\$500</b> per Individual / <b>\$1,000</b> per Family. Non Network: <b>\$700</b> per Individual / <b>\$1,400</b> per Family. Doesn't apply to preventive care.	Generally, you must pay all of the costs from <b>providers</b> up to the <b>deductible</b> amount before this <b>plan</b> begins to pay. If you have other family members on the <b>plan</b> , each family member must meet their own individual <b>deductible</b> until the total amount of <b>deductible</b> expenses paid by all family members meets the overall family <b>deductible</b> .
Are there services covered before you meet your deductible?	Yes, preventive care with network providers.	You will have to meet the <b>deductible</b> before the plan pays for any services. This <b>plan</b> covers some items and services even if you haven't yet met the <b>deductible</b> amount. But a <b>copayment</b> or <b>coinsurance</b> may apply.
Are there other deductibles for specific services?	No. There are no other specific <b>deductibles</b> .	You don't have to meet <b>deductibles</b> for specific services.
What is the out-of-pocket limit for this plan?	Medical and Pharmacy combined Out of Pocket: Network: <b>\$6,650</b> Ind / <b>\$13,300</b> Family. Non Network <b>\$6,650</b> Ind / <b>\$13,300</b> Family	The <b>out-of-pocket limit</b> is the most you could pay in a year for covered services. If you have other family members in this <b>plan</b> , they have to meet their own <b>out-of-pocket limits</b> until the overall family <b>out-of-pocket limit</b> has been met.
What is not included in the out-of-pocket limit?	<b>Premiums, balance-billing</b> charges, and health care this <b>plan</b> doesn't cover.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Will you pay less if you use a network provider?	Yes. For a list of preferred providers, see <a href="http://www.bcbsks.com">www.bcbsks.com</a> or call 1-800-332-0307.	This <b>plan</b> uses a <b>provider network</b> . You will pay less if you use a <b>provider</b> in the <b>plan's network</b> . You will pay the most if you use a <b>non network provider</b> , and you might receive a bill from a <b>provider</b> for the difference between the <b>provider's</b> charge and what your <b>plan</b> pays ( <b>balance billing</b> ). Be aware, your <b>network provider</b> might use an <b>non network provider</b> for some services (such as lab work). Check with your <b>provider</b> before you get services.
Do you need a referral to see a specialist?	No.	You can see the <b>specialist</b> you choose without a <b>referral</b> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	
	<b>Specialist</b> visit	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	
	<b>Preventive care/screening/immunization</b>	\$0 copayment	Deductible plus 60% coinsurance	Mammograms and Pap Smears - Not limited to once per year / in network 100% regardless of diagnosis. Immunizations with Non Network providers covered in full up to age 6 only.
<b>If you have a test</b>	<b>Diagnostic test</b> (x-ray, blood work)	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Lab services paid at 100% when using preferred labs (Quest, Stormont Vail, and The University of Kansas Hospital System).
	Imaging (CT/PET scans, MRIs)	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	
<b>If you need drugs to treat your illness or condition</b>  More information about <b>prescription drug coverage</b> is available at <a href="http://www.caremark.com">www.caremark.com</a>	Generic drugs	Deductible plus 20% coinsurance (retail or mail order)	Deductible plus 20% coinsurance on the plans allowed charge	First fill is a 30 day supply at retail and mail. A 90 day supply is allowed at retail and mail for subsequent refills.
	Preferred brand drugs	Deductible plus 40% coinsurance (retail or mail order)	Deductible plus 40% coinsurance on the plans allowed charge	<b>Deductible:</b> \$500 Individual / \$1,000 Family <b>Out-of-Pocket Maximum:</b> \$6,650 Individual/ \$13,300 Family
	Non-preferred brand drugs	Deductible plus 65% coinsurance (retail or mail order)	Deductible plus 65% coinsurance on the plans allowed charge	<b>Contraceptives:</b> Covered with 0% member coinsurance. <b>Non Preferred Contraceptives:</b> Covered subject to 65% member coinsurance. Compound medications covered only at a Network Pharmacy.
	<b>Specialty drugs</b>	Deductible plus 40% coinsurance <b>per 30 day supply.</b>	--none--	All fills must be filled through CVS Caremark Specialty (1-800-237-2767).
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization is required.
	Physician/surgeon fees	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization is required.

[\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.bcbsks.com](http://www.bcbsks.com).]

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you need immediate medical attention</b>	Emergency room care	Deductible plus 50% coinsurance	Deductible plus 50% coinsurance	Must meet emergency criteria.
	Emergency medical transportation	Deductible plus 50% coinsurance	Deductible plus 50% coinsurance	Must meet emergency criteria.
	Urgent care	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization is required.
	Physician/surgeon fees	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization is required.
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	
	Inpatient services	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization is required for inpatient services. For help call New Directions at 1-800-952-5906.
<b>If you are pregnant</b>	Office visits	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization required for stays longer than 48/96 hours.
	Childbirth/delivery professional services	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization required for stays longer than 48/96 hours.
	Childbirth/delivery facility services	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization required for stays longer than 48/96 hours.
<b>If you need help recovering or have other special health needs</b>	Home health care	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization may be required.
	Rehabilitation services	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior authorization required.
	Habilitation services	Not covered	Not covered	Unless under Autism rider of the policy.
	Skilled nursing care	Not covered	Not covered	
	Durable medical equipment	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior Authorization required.
	Hospice services	Deductible plus 50% coinsurance	Deductible plus 60% coinsurance	Prior Authorization may be required. Inpatient Hospice care limited to 6 months.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If your child needs dental or eye care</b>	Children's eye exam	\$0 copayment for first annual visit, then deductible plus 50% coinsurance	Deductible plus 60% coinsurance	
	Children's glasses	Not Covered	Not covered	
	Children's dental check-up	Not covered under Medical Plan	Not covered under Medical Plan	

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## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Private-duty nursing
- Cosmetic surgery (to improve appearance of normal body structure)
- Hearing aids

### Other Covered Services (Limitation may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (for qualified patients)
- Nutritional Evaluation and Diabetes Management
- Hearing Exam to determine loss and newborn screening
- Non-emergency care when traveling outside the U.S. See [www.bcbs.com/already-a-member/coverage-home-and-away.html](http://www.bcbs.com/already-a-member/coverage-home-and-away.html)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: TASC at 1-844-285-9985. You may also contact your state insurance department. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Customer Service at 1-800-432-3990 or you can visit [www.bcbsks.com/blueaccess](http://www.bcbsks.com/blueaccess).

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax returns unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

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## Language Access Services:

Spanish (Español):	Para obtener asistencia en Español, llame al	1-800-432-3990
Tagalog (Tagalog):	Kung kailangan ninyo ang tulong sa Tagalog tumawag sa	1-800-432-3990
Chinese (中文):	如果需要中文的帮助，请拨打这个号码	1-800-432-3990
Navajo (Dine):	Dinek'ehgo shika at'ohwol ninisingo, kwijjigo holne'	1-800-432-3990

*To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.*

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <b>plan's overall deductible</b>	\$500
■ <b>Specialist coinsurance</b>	50%
■ Hospital (facility) <b>coinsurance</b>	50%
■ Other <b>coinsurance</b>	50%

**This EXAMPLE event includes services like:**

Specialist office visits (prenatal care) Childbirth/  
Delivery Professional Services Childbirth/  
Delivery Facility Services Diagnostic tests  
(ultrasounds and blood work) Specialist visit  
(anesthesia)

<b>Total Example Cost</b>	<b>\$12,700</b>
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**In this example, Peg would pay:**

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$0
Coinsurance	\$6,140
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$6,700</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <b>plan's overall deductible</b>	\$500
■ <b>Specialist coinsurance</b>	50%
■ Hospital (facility) <b>coinsurance</b>	50%
■ Other <b>coinsurance</b>	50%

**This EXAMPLE event includes services like:**

Primary care physician office visits (including  
disease education)  
Diagnostic tests (blood work)  
Prescription drugs  
Durable medical equipment (glucose meter)

<b>Total Example Cost</b>	<b>\$5,600</b>
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**In this example, Joe would pay:**

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$0
Coinsurance	\$3,453
<i>What isn't covered</i>	
Limits or exclusions	\$55
<b>The total Joe would pay is</b>	<b>\$4,008</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <b>plan's overall deductible</b>	\$500
■ <b>Specialist coinsurance</b>	50%
■ Hospital (facility) <b>coinsurance</b>	50%
■ Other <b>coinsurance</b>	50%

**This EXAMPLE event includes services like:**

Emergency room care (including medical  
supplies)  
Diagnostic test (x-ray)  
Durable medical equipment (crutches)  
Rehabilitation services (physical therapy)

<b>Total Example Cost</b>	<b>\$2,800</b>
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**In this example, Mia would pay:**

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$0
Coinsurance	\$755
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,255</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.

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