



What's covered under the Affordable Care Act?

Preventive Services

The items listed below are services that some consumers can receive without any cost-sharing, meaning they will not pay deductibles, copays or coinsurance for the preventive services outlined. Preventive services must be provided by an eligible contracting provider as outlined in the member benefit description. **Preventive services are subject to change.**

Preventive Services for Adults

- » Abdominal aortic aneurysm screening for men of specified ages who have ever smoked
- » Alcohol misuse screening and counseling
- » Aspirin use to prevent cardiovascular disease for men and women of certain ages
- » Blood pressure screening for all adults
- » Cholesterol screening for adults of certain ages or at higher risk, and coverage for certain statins in adults 40-75 years old at increased risk of cardiovascular disease
- » Colorectal cancer screening for adults over 50
- » Depression screening for adults
- » Type 2 diabetes screening for adults with high blood pressure
- » Diet counseling for adults with high cholesterol, cardiovascular disease and diet-related chronic disease
- » Counseling adults with fair skin types to reduce risk of skin cancer
- » Exercise interventions to prevent falls in certain adults at increased risk for falls
- » Hepatitis B virus infection screening in persons at high risk of infection
- » Hepatitis C virus infection screening for adults at higher risk
- » HIV screening for all adults at higher risk
- » Lung cancer screening of adults of increased risk
- » Routine immunizations for adults – doses, recommended ages, and recommended populations vary
- » Obesity screening and counseling for all adults
- » Sexually transmitted infection (STI) prevention counseling for adults at higher risk
- » Syphilis screening for all adults at higher risk
- » Tobacco use screening for all adults and cessation interventions for tobacco users
- » Tuberculin screening in adults of increased risk

Stay Informed

Covered preventive services are subject to change. Please visit our website at bcbsks.com/aca to get the latest information as it becomes available.

For more information on health care reform and preventive services, please visit healthcare.gov

This is a summary of preventive services – it is not a legal document. Preventive services are subject to change. The exact provisions of the benefits and exclusions are contained in the certificate.



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Preventive Services for Women

including pregnant women

- » Anemia screening on a routine basis for pregnant women
- » Bacteriuria urinary tract or other infection screening for pregnant women
- » Breast cancer genetic test (BRCA) counseling for women at higher risk for breast cancer
- » Breast cancer mammography screenings every 2 years
- » Breast cancer chemoprevention counseling for women at higher risk and providing of coverage for certain drugs taken for chemoprevention
- » Breastfeeding comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women
- » Cervical cancer screening
- » Chlamydia infection screening for sexually active younger women and other women at higher risk
- » Contraception – select contraceptive methods, sterilization procedures, and patient education and counseling, including emergency contraceptives
- » Domestic and interpersonal violence screening and counseling for all women
- » Folic acid supplements for women who may become pregnant
- » Gestational diabetes screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
- » Gonorrhea screening for all women at increased risk
- » Hepatitis B screening for pregnant women at their first prenatal visit
- » Human immunodeficiency virus (HIV) screening and counseling for women of higher risk
- » Human papillomavirus (HPV) testing every three years for women who are 21 or older
- » Osteoporosis screening for women over age 60 depending on risk factors
- » Rh incompatibility screening for all pregnant women and follow-up testing for women at higher risk
- » Syphilis screening for all pregnant women
- » Screening for preeclampsia in pregnant women and coverage for low-dose aspirin in women after 12 weeks gestation who are at high risk of preeclampsia

Preventive Services for Children

- » Congenital hypothyroidism screening for newborns
- » Counseling of children and adolescents with fair skin types to reduce risk of skin cancer
- » Fluoride supplementation for children without fluoride in their water source
- » Fluoride varnish for infants and children
- » Gonorrhea preventive medication for the eyes of all newborns
- » Hematocrit or hemoglobin screening for children
- » HIV screening for adolescents at higher risk
- » Iron supplements for children of certain ages at risk for anemia
- » Lead screening for children at risk of exposure
- » Medical history for all children throughout development
- » Obesity screening and counseling
- » Phenylketonuria (PKU) screening in newborns
- » Sickle cell screening for newborns
- » Screening for major depressive disorder in adolescents
- » Sexually transmitted infection (STI) prevention counseling for adolescents at higher risk
- » Tuberculin testing for children at increased risk of tuberculosis

Preventive Services for Children: Bright Future Recommendations*

- » Alcohol and drug use assessments for adolescents
- » Autism screening for children at 9, 18 and 24 months
- » Behavioral assessments for children of all ages
- » Developmental screening for children under age 3, and surveillance throughout childhood
- » Dyslipidemia screening for children at higher risk of lipid disorders
- » Hearing screening for all newborns; and for children once between 11 and 14 years, once between 15 and 17 years, and once between 18 and 21 years
- » Height, weight and body mass index measurements for children
- » Immunization vaccines for children from birth to age 18 – doses, recommended ages, and recommended populations vary
- » Oral health assessment for young children
- » Vision screening

*Bright Futures is a national health promotion and preventive initiative, led by the American Academy of Pediatrics.